



# Delta Gymnastics Society e-Newsletter

Celebrating 35 Years  
1975 - 2010



Fun. Accessible. Challenging.

June 2010

This message's highlights include:

## \*\* The Delta Sport Development Centre - Update

### - DG Society News and Highlights

- Coach of the Month
- Athletes competing at Nationals

### - Program Information

GymStars

2010 Calendar of Events:

### June

- 4<sup>th</sup>-6<sup>th</sup> Ogotogo Meet
- 12<sup>th</sup> BC Gymnaestrada  
**Kids Night Out**
- 30<sup>th</sup> Gymnaestrada Nationals

### July

- 1<sup>st</sup>-5<sup>th</sup> Gymnaestrada Nationals
- 1<sup>st</sup> Canada Day – gym closed
- 5<sup>th</sup> First day of summer classes

## It Has Begun – The Delta Sport Development Centre

Construction has started on-site north of the Ladner Leisure Centre for the **Delta Sport Development Centre**, the new home for the Delta Gymnastics Society. Excavation will continue through until mid-June, at which point work on the foundation will begin. Humphrey's Construction expects to have walls and a roof complete by September, and facility completion is scheduled for December of this year!

The new facility will be 20,000 square feet and will include multiple training floors in order to accommodate multiple training groups at the same time, a multi-purpose room, and expanded changerooms and washrooms. Athletes, groups, and members of the community of all ages and ability levels will be able to access the facility and partake in a wide variety of recreational, sport, and physical activity programming. The society is planning on a grand opening in April of 2011, and until that time will be undertaking a fundraising campaign in order to fully outfit and furnish the facility.

The Delta Sport Development Centre



**Parents - Interested in finding out more about the different Programs that are available, such as our Competitive and Superstar Programs?**

At Delta Gymnastics there are a myriad different programs for athletes and participants of all ages and abilities. We make an effort to provide challenging, inclusive, and encouraging classes for all abilities and age groups. If you think your son or daughter may be interested in trying a different program than the one they're currently in please let the office know as the summer months are a great time for youngsters to try these programs. The office staff can let you know which coordinator you need to contact to get more information!

**2010 McDonald's Delta Gymnastics Invitational and Cash and Carry Cup!**

This year's annual gymnastics competition was a huge success. Close to 600 athletes came from throughout BC and Washington State to compete in the renowned event, and all competitors exemplified the dedication, perseverance, strength and artistry that have come to be synonymous with artistic gymnastics. Competitive gymnasts took part in the event, in addition to pre-competitive and interclub athletes. The Cash and Carry Cup held on Saturday Evening was also a huge success and was televised by Delta Cable.

Once again, the efforts of the numerous volunteers was responsible for the success of the meet, in addition to the support from local sponsors. KNV Chartered Accountants came on board once again as the title sponsor for the Cash and Carry Cup, the portion of the meet whereby junior level athletes have the opportunity to compete directly against senior/high performance athletes for coveted cash prizes. This is one of the only gymnastics events in Canada whereby competitors receive cash rewards for their efforts. The meet was on-time, the prizes and raffles were great, and this year we introduced a tug-of-war between the athletes in the Cash and Carry Cup!

Congratulations to all Delta Gymnasts who performed at the event! All who came out put on a great effort. Congratulations especially to the following Delta athletes for these top-place finishes:

**Douglas Carroll**, 3rd Place on Vault, Level 3 Boys under 13yrs  
**Brendan Pauer**, 3rd Place on Rings, Level 3 Boys under 13yrs  
**Chase Merrin**, 3rd Place on High Bar, Level 3 Boys under 13yrs  
**Daniel Braun**, 1st place on Floor, 2nd Place on P-bars and Pommel Horse, Cash and Carry Cup  
**Chris Sheremeta**, 2nd place on Floor, Cash and Carry Cup  
**Danny Willems**, 2nd place on High Bar, Cash and Carry Cup  
**Arman Sadhra**, 3rd place on Pommel Horse, Cash and Carry Cup

**Angela Anthoine**, 2nd place on Floor, Provincial Level 2 Tyro  
**Alicia Farquharson**, 1st place on Floor, Provincial Level 2 Tyro  
**Emilie Webb**, 2nd place on Beam, Provincial Level 2 Novice  
**Elissa Barber**, 2nd place on Bars, Provincial Level 2 Novice  
**Kaitlyn Buhler**, 3rd place on Vault, Provincial Level 3 Novice

Also, congratulations to the following athletes for these spectacular **All Around Finishes**:

**Oana Padurean**, 1st place, Provincial Level 2 Argo  
**Sara Marlowe**, 1st place, Provincial Level 3 Open  
**Hannah Rusak-Gillrie**, 2nd place, Provincial Level 3 Open  
**Alissa Stirling**, 2nd place, Provincial Level 4 Tyro  
**Samantha Lo**, 2nd place, Provincial Level 4 Open  
**Tracy Murray**, 3rd place, Provincial Level 4 Open

### Coach of the Month



May Coach of the Month is **Mike Hood**

### Congratulations!

A team of athletes have been competing at national championships for the last week in May! Congratulations to the following athletes for doing well enough to represent themselves nationally:

Mike Hood  
Arman Sadhra  
Zach Starko

Chris Sheremata  
Danny Williems  
Devy Dyson

### Program information for GYMSTARS athletes

All the GymStars athletes have been working tremendously hard and all the coaches are very proud of their progress.

### Gymnast of the Month:

Kyra Denman

Celise Stowe

Daniella Swidinsky

### 2010-2011 Season

You will be receiving information over the next few weeks regarding Summer and Fall 2010. If you have any questions regarding this please feel free to talk to your child's coach.

### Last Week of Classes:

June 8th-10th

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#### **Delta Gymnastics Society**

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Located at the South Delta Recreation Centre  
1720 - 56th Street  
Delta, BC V4L 2B1

*The Delta Gymnastics Society is a non-profit organization dedicated to providing high quality gymnastics programs which enhance the mental and physical development, and self-confidence, of participants.*

*Since 1975 Delta Gymnastics has provided formal instruction of gymnastics as a foundation of physical literacy and as a competitive pursuit. Inspiring individuals to new levels of achievement*

Office Hours: Mon-Fri 8:30 am to 5:30 pm  
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*is our goal, and to this end "**Kids Are First!**" at  
**Delta Gymnastics!***

*We venture to introduce gymnastics to all members  
of our community. Through a wide scope of  
programs Delta Gymnastics offers everyone the  
chance to develop their abilities in a fun  
atmosphere.*

