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Grant has True impact



The Delta Gymnastics Society recently received a \$5,000 grant to help improve access to its programs by Tsawwassen First Nation youth.

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A number of Tsawwassen First Nation youth now have the opportunity to take part in Delta Gymnastics Society programs thanks to a new grant.

The True Sport Community Fund provided \$5,000 to the

Delta Gymnastics Society so children and teens from the Tsawwassen First Nation can attend its programs at the South Delta Recreation Centre facility.

The grant will also be used to expand the Gymnastics B.C.'s KidsCanMove program, which trains leaders in the community to incorporate physical activity and movement skills into schools and recreational programs.

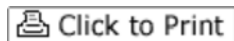
"Recreational programming, and gymnastics specifically, offers youth the opportunity to develop the basic movement and sport skills that are so important for leading healthy, active lifestyles," said Mark Friesen, society executive director, in a press release. "Programs like this help to ensure that regardless of age, ability level or background, youth can access recreational and sport programming."

True Sport Community Fund grants are offered to community-based sport and recreation organizations throughout Canada, like the Delta Gymnastics Society, to increase access and inclusion in sports of low income, new Canadian, and Aboriginal youth ages four to 17.

Said Rosemary Pitfield, spokesperson for the True Sport Foundation, "Communities and community organizations have the power to ensure that sport lives up to its full potential —providing Canadians with the kind of sport they demand and deserve. Sports can teach us about respect and fair play, and making sports accessible to children from many different backgrounds is very important."

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