

ACTIVE
HEALTHY
KIDS!

Is your school PHYSICAL EDUCATION program meeting
the Prescribed Learning Outcomes
for Kindergarten to Grade 7?

Do you want MORE OPTIONS for your PE classes?

Professional Instructors from Delta Gymnastics Society

can provide

Physical Literacy, Fun and Developmental Movement
to enhance your existing PE program.

SCHOOL OUTREACH PROGRAMS

- ✂ ***Instructors can visit your school to implement programs***
- ✂ ***Come on a Field Trip to the Delta Gymnastics Training Facility***
- ✂ ***Have an Activity Station onsite during your School Sports Day with qualified instructors.***



For more information, visit our website at
www.deltagymnastics.com/programs
or call Delta Gymnastics Society at 604.943.0460

Recent studies have shown that 30 minutes of daily physical activity can help students.

Physical Activity also plays an important role in our children's growth and development.

So how can the DELTA GYMNASTICS SOCIETY help you and your school? and at WHAT COST?

We offer 3 different types of programs:

✂ Instructors can visit your school to implement programs

✂ Field Trips to the Delta Gymnastics Training Facility

✂ Activity Station onsite during your School Sports Day

Option 1:

Instructors can visit your school to implement programs

This option includes 5 hours (1 day) of P.E. class instruction with students and their teacher on a typical school day. Sessions can be arranged for multiple days.

(ex. 5 hours each day over 2 days = \$480)

School Special Rate
\$240

*A SAVINGS OF \$100 off
our regular program rates.*

Option 2:

Field Trips to the Delta Gymnastics Training Facility

This option is our MOST POPULAR program. It consists of a 1 hour session at the Delta Gymnastics Training Facility located at the South Delta Recreation Centre.

School Special Rate

\$4 per student
per session

Option 3:

Activity Station onsite during your School Sports Day

This option is available to your school. The Delta Gymnastics Society will set up a Gymnastics Station complete with our airtrack and landing mats at your school's annual SPORTS DAY!!!

This supervised station will be set-up and taken down by our professional coaches. A minimum area of 45 ft x 10 ft is required for a complete set-up.

School Special Rate

\$200 Flat Rate
for 3 hours of FUN!!!

These program options can also be combined into a package.

Give us a call to discuss and arrange your own personalized school package.

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